

Idaho Falls Figure Skating Club

Basic Ice Usage, Etiquette and Safety Rules

BASIC RULES GOVERNING ALL BEHAVIOR

1. Please respect the rights of others.
2. Please respect the arena's property and the property of others.
3. All club members will agree to and sign the Idaho Falls Figure Skating Club Skater Conduct Agreement prior to the first club ice session.
4. No breakable containers are allowed rink side. Drinks are allowed on or below the railing. Food is not permitted near the rail or on the ice.
5. *Please pick up all belongings (including dirty tissues, water cups, bottles, etc.) at the end of the session.*
6. If skaters must talk to someone **off** the ice, even if for a brief time, they need to get off the ice to do so or the skater will be asked to leave the ice.
7. *Parents, skaters not in the session or other spectators should not loiter at the rail or benches. This is unsafe and it interferes with a constructive training session.*
8. *During competitions, coaching by parents from the bleachers, benches or railing is **not** allowed at any time. Parents will be asked to leave the arena if this happens.*
9. *The benches by the ice are to be used by the skaters and coaches only.*
10. *For city freestyle sessions, pay for each session before stepping on to the ice.*

RIGHT OF WAY

1. The skater doing a routine to music has the right of way. Orange vests and colorful belts are provided to help identify the skater whose music is being played. Please stay aware of which skater is doing his or her routine and do your best to stay clear of his or her pattern. Please wear the vest or belt when you play your music to help other skaters know you are skating your routine.
2. Skaters taking a lesson have the right of way over general skaters in the session.
3. It is important for everyone's safety that all skaters stay aware of other skaters on the ice. Try to anticipate their patterns as you decide your own pattern.
4. *If you are a less experienced skater, please be extra careful to stay aware of other skaters and to look ahead of where you are skating to see what others are doing or are about to do.*
3. *If you are an experienced skater, please be patient with the less experienced skaters. **Remember – you were new at one time, too.***
4. *Please be understanding if someone gets in your way.*
5. *Remember to look both ways before leaving the railing or skating across the ice.*
6. *Keep moving while on the ice, as it is dangerous for both you and other skaters to stand still during a session. It is especially important not to stop in the middle of the ice or any of the jumping corners.*

MUSIC

1. Program music will be played on a rotational basis. This should be done on the honor system, with the responsibility left to the skaters and coaches. If necessary, music rotation may be supervised by an IFFSC board member.
2. After a skater's music has been played, their music or another program may be put at end of the line to re-enter the rotation. Dance music can take the place of program music.
3. Coaches may put the music of the student they are teaching ahead of other skaters, limited to twice per 30 minute lesson. Everyone should appreciate this policy when they are in a lesson enjoying this privilege and graciously accept this policy when they are the ones being asked to wait in line.
4. Please do not stop and restart your music if others are waiting in line.
5. Please handle the music equipment with extreme care.

PROHIBITED BEHAVIOR

1. *Kicking, digging holes, scraping or stomping the ice with your blades and kicking the railings are prohibited. Any skater engaging in this behavior will be asked to leave the session immediately.*
2. *Being verbally abusive to other skaters or coaches is prohibited. Any skater engaging in this behavior will be asked to leave the session immediately.*
3. *Deliberately challenging, scaring or intentionally blocking another skater is prohibited. Any skater engaging in this behavior will be asked to leave the ice immediately for an indefinite period of time.*
4. *Videotaping anyone other than your own skater is strictly prohibited and will not be tolerated. Anyone engaging in this behavior will be asked to leave the arena for an indefinite period of time.*

5. *Failure to comply with any/all of Skater Conduct Agreement may result in loss of ice user privileges for current and/or future sessions. No refunds or credits will be given for lost sessions due to failing to comply with Skater Code of Conduct.*

Clearing the Ice

When the ice-resurfacer horn sounds or Zamboni doors at the end of the rink open, all skaters and coaches must leave the ice immediately. If you are skating to your music, please stop skating immediately, turn off music and clear the ice – no exceptions.

Non-Member Admission to Club Sessions.

Non-members may attend club ice as guests of IFFSC members a maximum of three times during the skating season and only with permission of a board member. Guests may be denied access to the ice at the discretion of a board member, and guest fees will be set at a higher cost than member fees, as determined by the Board of Directors. It will be the responsibility of the member host to inform his/her guest of all club or rink skating rules.

U.S. Figure Skating/Idaho Falls Figure Skating Club

Parent Code of Conduct

The IFFSC is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord).

I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
7. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
11. I will be a positive role model for my child and others.



U.S. Figure Skating and the Idaho Falls Figure Skating Club strive to provide a safe environment for its members, one that is free of abuse and harassment. The association will not tolerate or condone any form of harassment or abuse of any of its members including athletes, coaches, officials, directors, employees, parents, volunteers or any other persons while they are participating in or preparing for a figure skating activity or event conducted under the auspices of U.S. Figure Skating. All forms of abuse and harassment are unacceptable and in direct conflict with U.S. Figure Skating rules.

Our director will monitor the SafeSport policies and procedures of the club; verifying that all of the coaches who are engaged in any type of coaching activity with any club skater are in compliance with the USFS coaching membership rules regarding background checks and continuing education requirements; and serve as the initial contact in the club for persons to report suspected abuse, misconduct or other violations, and when necessary, report such information to USFS.

The IFFSC SafeSport contact is Valerie Bailey v.bailey.85@hotmail.com

REPORTING OF A SAFE SPORT ISSUE

Anyone who feels that a Safesport violation has taken place should contact our Safe Sport Chairperson via email. Violations may include (but not limited to) photography in locker rooms, bullying, physical and verbal abuse.

The email must include information as to the violation and supporting information must also be given for action to take place.

SAFESPORT BULLYING INFORMATION AND GUIDELINES

Safe Sport/Conflict Disciplinary Actions

If a Safe Sport situation regarding bullying occurs, the following steps will be followed.

1st offense: A verbal warning will be given to the offending party/ies by a club official or coach. That person will also send an email to our safe sport chair documenting the incident including date, time and those involved in the incident.

2nd offense: A written warning will be given to the offending party/ies by a club official with coaches & parents of all parties involved present.

3rd offense: Suspension up to club expulsion will be issued with the period to be determined by the board of directors.

The Board of Directors reserves the right to escalate the level of discipline regarding an incident based on the severity of the issue.

It is the expectation that all club members and families of club members will honor the code of conduct they agreed to upon membership renewal of their skater/s.

Gossip, slander of other members/families and sharing of sensitive information will not be tolerated and could also result in disciplinary actions.

GRIEVANCE & CONFLICT PROCEDURES

Most of the time conflict arises, miscommunication is to blame. The Board of Directors is committed to helping with conflict and will create a Grievance Committee/Process to help with conflict and move toward resolution.

The committee resources are available to skaters, coaches, parents and any individual who is in direct contact with club happenings. The committee may also appoint individuals to assist based on a particular situation.

Following US Figure Skating Code of Conduct, all skaters/parents and coaches have agreed and signed a contract each year to be respectful, professional and supportive of all members/families involved with IFFSC.

Going forward from today, the IFFSC Board of Directors asks that when a situation arises, the parties involved work together to resolve the problem directly affecting them. Most situations should easily be rectified with good open communication.

A party should not solicit help from another parent, coach or skater unless that person is directly involved in the conflict. Doing so in the past has resulted in continued miscommunication and further harm in rectifying reasonable solutions for all involved and is not the direction nor mission of the IFFSC Grievance Committee.

If a skater, coach, parent or other party feels they are unable to resolve a conflict, a formal written grievance may be submitted. The Grievance Committee will read the grievance, meet with the parties involved and offer unbiased resolution for all parties involved quickly, with the best interest of the IFFSC in mind.